

Effects Of Covid-19 On Daily Life of Common People of Pakistan

Nothing happens in our life, without any reason. Everything happening at a certain time, is with a purpose. While talking about the current pandemic we all are facing, it has indeed given a round turn to the world. Everything was going smooth and all well. School bells rang daily, all the students dressed up in their uniforms raced towards their schools, markets were open and the trains of our lives were moving trouble-free. Lives were as flat as a pancake. But then, this virus 'Covid 19' emerged and gradually reached every corner of this earth. Everybody then seemed scared locked up in homes. Schools got locked and markets got chained. Bakeries said 'CLOSED'. Everything was put on a pause.

“We can never understand any trouble in its beginning. It makes us Panic!”

In Pakistan, this coronavirus was illusioned as a man-made virus, conspiracy or foreign game. Our people, being so-called mentally strong, didn't accept the reality of this coronavirus so easily. And this made us on the verge of destruction. We didn't give it much worth to be taken seriously. Today, we all are grappling in this pandemic. But, only a few of us have managed to prove ourselves in this pandemic. Many of us have labeled it as worldwide conspiracy to lower population rate. That sounds absurd. We need to be serious with it to end it up as soon as possible.

“Yes! It is destructive but indeed is here to let you grow your inner stronger!”

But when we have understood it as a serious part of our survival, we have managed ourselves to cope up with it. If we try to find up something better in every sweet or sour taste, we would immediately have a life worth living. Today, we are continuously being advised to sanitize ourselves after interaction with someone or after being back home. We are being told to wash our hands periodically and take bath regularly. Why have we become so daredevil, that we are being taught to keep ourselves clean. And due to this pandemic, most of us have started more hygienic care of ourselves. Majority is conscious to be hygienically healthier. Because cleanliness is the first defence against covid-19. It will not be wrong if we say that covid-19 has taught us to be cleaner 24/7. In short, good hygiene is the key to avoid catching and spreading of the virus.

“You can shield yourself and your cronies, use hygiene care as weapon!”

Lockdown in this pandemic has given us a load of time to engage ourselves anywhere. Since ever this lockdown has started, life has not remained the same for all of us. Nobody knew that coronavirus would force countries to lockdown, shut schools and put our life on a pause. But this instantly brought the family members closer than ever. Before, either we were making strenuous efforts with studies or busy with our mobile gadgets, usually locked up in our rooms, all the day long. Happily, now all the 24 hours of our days are with parents, siblings and grandparents. A stronger family bonding has been built almost at every home during the lockdown in this pandemic. And such bonding can help every individual to Family is indeed the best medicine of all. You can just hug you mom or dad or sibling to console your worries. In short, lockdown during this Covid-19 has given 'family' its true meaning.

“Being among those who love you for no reason, makes you easily cope with woes and troubles!”

In difficulty, we can fixate on all the things that we do not have and forget all the things that we do have. Basically, when a man is under pressure of fears, he usually thinks of what he has to make him happy. And this is the reason, this pandemic has taught us about much to pay thanks of. Yes, my movement is restricted, my plans are in disarray and I am uncertain about many things. But after these months of quarantine, I am still in good health, I am not starving, I am not freezing to death, I have a roof over my head, and the list is endless. Whenever my brain tells me that this is going worse and this will be the end of everything, and all other such despairing stuff, I tell it that there are people who are going through much more worse times than this. In this way, this pandemic has made most of us much more grateful.

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"You cannot say; you have nothing with you. You still have your life to thank upon!"

All the faculties and colleges, keeping in sight the trouble of parents and the mind-set of pupils, commenced a net of on-line learning systems. Online lessons surely have made bonzer impact on the instructive and pupil educational learning. Students have got much familiar to the use of advanced applications. They have experienced another face of learning and delivering their points through presentations. Making e-assignments and presentations and doing online activities has given them more confidence. Such learning is consistent and leads to better retention. They have got much experience of google surfing and collecting the data of their demand. The point to wonder here is that to this extreme extent, covid-19 has spined the world.

"Virtual learning is more effective, rather than a passive process!"

Most of us have lost their hopes staying so long in quarantine and have left struggling. Everything is not good or bad in itself, but it depends on how one reacts to it. Once we realize, that this has been sent to us as a testament, we will surely be able to survive better. Being Muslim, we should not lose our hopes. Loosing hope makes a big trouble. Just have a positive and broader thinking and deal every part of your life with the feeling of self-love. Once we learn to grab a lesson from grueling and gut-wrenching times, we can easily beat those hard times up. Hence, just know that Covid-19 is here for a purpose, to teach us something and to let us be more conscious for everything!

"We are in this together, and we will get out through this, together!"

-Rameesha Sarfraz